

Take charge of your overall wellness

NeuroFlow helps you stay engaged with your health for emotional and overall wellness



With NeuroFlow, you can:

- Track your mood, sleep, and pain
- Build mental wellness skills and habits
- Improve job performance and resiliency
- Earn redeemable rewards and gift cards
- Access helpful videos and content
- Use journals, mindfulness, and other tools



I love it! I use it everyday several times a day!

- NeuroFlow User

Hey Alex

FEATURED TO DO

DID YOU KNOW

SURVEY - TAKES 2 MINS Assess Emotional Experiences

the Earn 50 points

Home

Stats

Do now

O REWARDS

品

for every survey you complete!



yo



Scan this QR code to sign up and get started

CAIC's affiliation with the Value-Added Service providers is limited only to a marketing alliance, and CAIC and the Value-Added Service providers are not under any sort of mutual ownership, joint venture, or are otherwise related. CAIC makes no representations or warranties regarding the Value-Added Service providers, and does not own or administer any of the products or services provided by the Value-Added Service providers. Each Value-Added Service provider offers its products and services subject to its own terms, limitations and exclusions. State availability may vary. Continental American Insurance Company, a proud member of the Aflac family of insurers, is a wholly-owned subsidiary of Aflac Incorporated.

