



Why should you use NeuroFlow?

✓ Physical and mental health are linked

Research has shown that paying attention to your mental wellness can directly affect your physical health. NeuroFlow is a self-service tool designed to help you support both.

✓ Earn redeemable rewards and gift cards

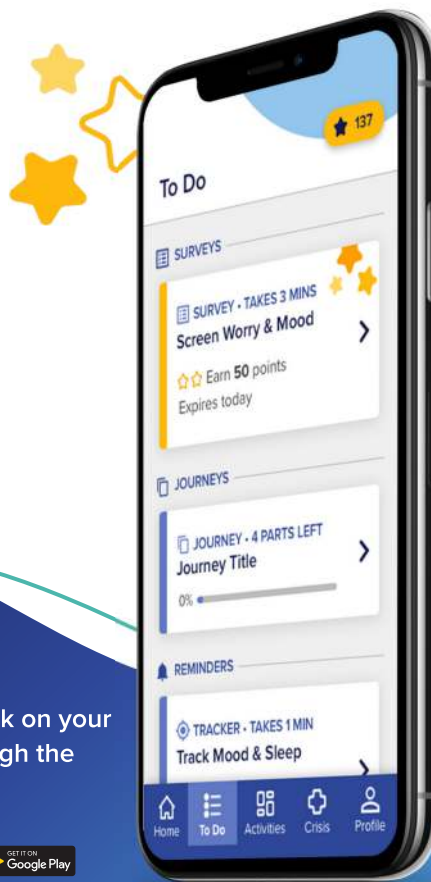
Get rewarded for working on your mental wellness. Keep a streak, accomplish feats, and convert them into gift cards for major vendors such as Target, Starbucks, and Amazon.

✓ NeuroFlow offers 24/7 tools and resources

NeuroFlow provides a variety of activities such as journals, guided breathing, audio guides, and more. You can decide what works for your own lifestyle.



Scan the QR code to get started!



IMPROVE YOUR CARE

Take a few minutes each month to work on your overall wellness. Log in online or through the mobile app today!

neuroflow.com |   

These services are intended for general purposes and are not a substitute for professional psychological or medical advice. NeuroFlow may not be available in some states in connection with this partnership.

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